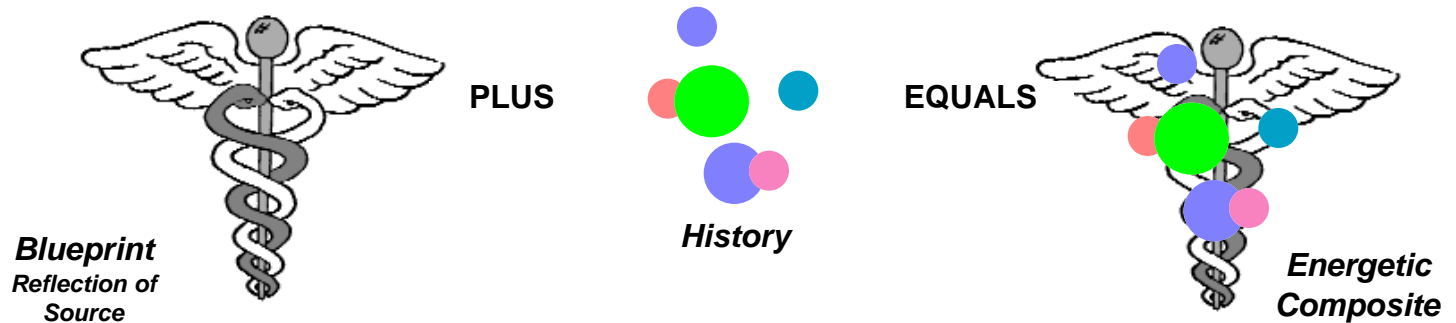
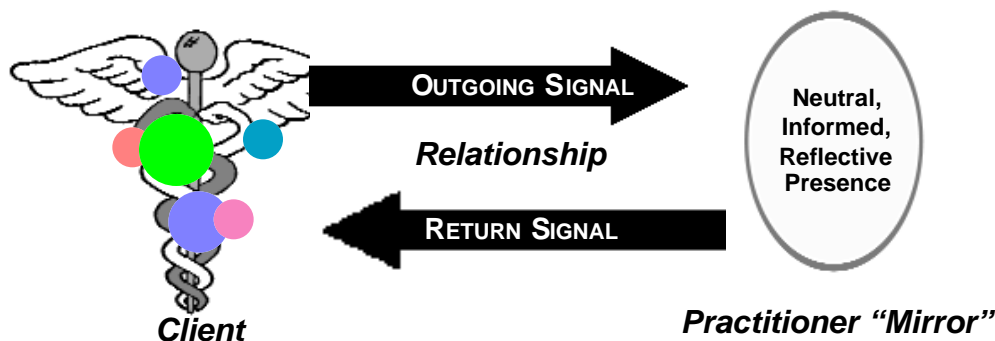


# WHAT HAPPENS IN A SESSION?

- 1** Client presents two coexisting multi-layered energetic patterns:
- BLUEPRINT:** Archetypal essential humanness; “Biodynamic Pattern”
  - HISTORY:** Imprints of individual experience; “Biokinetic Pattern”



- 2** Client comes into relationship with Practitioner, who holds two sets of attributes:
- NEUTRAL:** Non-judgmental, centered/grounded in Stillness, not too close or too far
  - INFORMED:** Ability to recognize and reflect ANATOMY and ENERGY ANATOMY



## **3** MOVEMENT

- Client’s system’s intelligence sees itself reflected and gains self-awareness
- Client’s system “tells its story” via pulsation and shaping in any or all of four “channels,” according to practitioner’s perceptual capacity
  - Channel One: Primary Energy Layer (i.e., Craniosacral phenomena)
  - Channel Two: Three Principles Layer (i.e., Yang, Yin, Neutral)
  - Channel Three: Five Elements Layer (i.e., Ether, Air, Fire, Water, Earth)
  - Channel Four: Structure and Function (i.e., posture, physiology)

## **4** STILLNESS

- In the fullness of the story, the system comes to rest and finds stillness
- In the stillness, the system re-orient to blueprint and restores energetic potency

## **5** MOVEMENT: “SOMETHING NEW CAN HAPPEN”

- System gently expands with new shaping and pulsation on any or all channels
- Imprints of history are resolved and original matrix is re-asserted

